

Scheduling status: S0

Proprietary name (and dosage form)

## ZESTRA

Feminine Arousal Fluid

### Composition

Each ZESTRA Sachet contains 0,8ml of a USA patented combination of the following all-natural botanical ingredients:

“PAFree” Borage Seed Oil (*Starflower oil*)  
Extract of Evening Primrose Oil  
Extract of Angelica root  
Coleus forskohlii extract  
Ascorbyl palmitate (*lipid soluble Vitamin C*)  
Alpha-tocopherol (*Vitamin E*)

### Pharmacological classification

A. 32.16 Other. Complimentary Medicines submitted on the Complimentary listing System. Western Herbal and Ayurveda.

### Pharmacological action

The pure botanical oils of Zestra have been used for their bioactivity and historical use that is relevant to their inclusion as a feminine arousal fluid for external application to the female genitalia, to assist in enhancing female sexual arousal and pleasure.

### Indications

Zestra is a blend of pure botanical oils, which assists in feminine sexual arousal and pleasure.

### Contra-indications

Hypersensitivity to any of the ingredients. Do not use if you have any type of vaginal infection or irritation such as a yeast infection.

### Warnings:

Avoid contact with the eyes. If eye contact occurs, rinse with water to remove.

### Interactions and Condom use

The importance of practicing “safe sex” cannot be overstated and sexually active condom users should be aware that it is NOT recommended to use petroleum based oils such as light mineral oil (baby oil) or even petrolatum (Vaseline) together with Zestra and “latex” condoms as petroleum based products negatively effect the functional integrity of “latex” condoms.

*Disclaimer: See end.*

### Pregnancy and lactation

Do not use during pregnancy or lactation or if you are presently trying to conceive.

### Directions for use

Apply up to the entire contents of a single sachet\*\* of Zestra with gentle massage to the external female genitalia. If you prefer less intense sensations use a half-packet.

\*\* Upon first use Zestra's unique effects tend to pleasantly “surprise” most women. Since you are in complete control of your desired intensity, women wishing to enjoy more intense pleasurable sensations can simply use more Zestra oil per each sexual encounter.

During foreplay, you or your partner should gradually apply the oil with gentle massage onto the clitoris, underneath the clitoral hood, labia and outer areas of the vagina. Massage in tenderly for 5 minutes. The effects generally begin in about 4 to 5 minutes. You may experience a gradual genital warming effect that will build to a pleasurable level and then plateau within about 10 to 15 minutes. You may also experience heightened genital sensation to touch and/or sexual intercourse, heightened arousal and increased sexual pleasure. The effects generally last 30-45 minutes with a single application.

Repeat as often as desired. To remove, simply wash off.

If irritation occurs, use a smaller amount. If irritation persists with a smaller amount, then discontinue use and consult your medical practitioner.

### Side effects and special precautions

If a vaginal yeast infection is present consult your medical practitioner for treatment and wait until the infection is resolved before using Zestra. (The most common symptoms of a vaginal yeast infection are: vaginal itching, irritated genital skin, white vaginal discharge that is usually curd-like and odourless, pain or burning in the genital area with urination or sexual intercourse). Symptoms of vaginal yeast infection are more likely to occur during the week before a menstrual period.

If vulvur vestibulitis (VVS), vulvodynia or any history of recurrent vaginal irritation or infection is present, a small amount of Zestra should be applied ABOVE the vaginal area (on the clitoral hood area) rather than applying any oil directly to the vaginal lips or vaginal opening.

### Known symptoms of overdosage and particulars of its treatment

None known. Treatment of overdosage is symptomatic and supportive.

### Identifications

ZESTRA is a clear, transparent oil with a pleasant odour.

### Presentation

ZESTRA is packed in nitrogen flushed, foil sachets in a box containing 6 sachets.

### Storage instructions

Store well closed, below 25°C

**KEEP OUT OF REACH OF CHILDREN**

### Listing number

To be allocated

### Name and address of applicant

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Contact No: 021-702-0097

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### Disclaimer

Neither the manufacturer, QualiLife Pharmaceuticals Inc or distributor, Earth Source Marketing, will be held responsible for any breakage or damage to condom/s or any event stemming from any such breakage or damage during sexual intercourse while making use of ZESTRA.